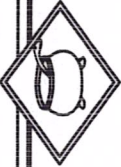


# TABATCHNICK



SINCE 1905

## Meal Pattern Contribution

**Product:** Minestrone  
**Code Number:** 00072  
**Manufacturer:** Tabatchnick  
**Packaging:** 2/8 lb bags (42.6/6.0 oz servings)  
**Allergens:** Wheat  
**Shelf Life:** 3 years

## Requirements Met

**Meat/Meat Alternate :** 1/8 cup Legume  
**Fruit/Vegetable:** 1/8 cup ROV, 1/4 cup Other


## **Ingredients:**

Water, Carrots, Onions, Tomato Paste, Green Beans, Tomatoes (Diced Tomatoes, Tomato Juice), Celery, Great Northern Beans, Enriched Macaroni Products (Semolina, Niacin, Ferrrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Kidney Beans, Peas, Spinach, Corn Starch, Lima Beans, Salt, Canola Oil, Spices, Xanthan Gum, Garlic, Sugar, Natural Flavors.

## **Handling Instructions:**

For Baking/Convection Oven: For best result defrost in refrigerator for 1 to 2 days prior to use. Place defrosted pouch in water and bring to boil for 20 minutes or until temperature of 175 degrees is reached.

I hereby certify that the above information is calculated using the USDA Food Buying Guide, Publication Aid #1331 (as amended) and is true and correct. Each 6.0 oz. serving contains 1/8 cup of Legume and 1/8 cup of ROV and 1/4 cup OV to contribute to the USDA meal pattern requirements as specified in the food buying guide.

  
Rita Tabatchnick, President

04/19/21  
Date

## **NUTRITIONAL FACTS**

SERV. SIZE	6 oz
SERV PER CONT	42.6
CAL	80
CAL F / FAT	12
TOTAL FAT (G)	1
SATUR FAT (G)	0
TRANS FAT (G)	0
CHOL (MG)	0
SODIUM (MG)	260
CARB (G)	14
TOTAL FIBER (G)	3
DIETARY SUG. (G)	2
PROTEIN (G)	4
VIT A	40%
VIT C	8%
CALCIUM	5%
IRON	8%