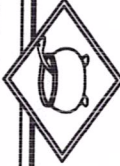


# TABATCHNICK

SINCE

1905



## Meal Pattern Contribution

**Product:** Barley Mushroom  
**Code Number:** 00073  
**Manufacturer:** Tabatchnick  
**Packaging:** 2/8 lb bags (42.6/6.0 oz servings)  
**Allergens:** Wheat, Barley  
**Shelf Life:** 3 years

## Requirements Met

**M/MA, Grain:** 1 Grain  
**Fruit/Vegetable:** 1/4 cup Other Veg

## Ingredients:

Water, Barley, Carrots, Mushrooms, Onions, Celery, Corn Starch, Salt, Spices, Canola Oil, Mirepoix (Vegetable[Carrots, Celery, Onions], Soybean Oil, Sugar, Salt, Corn Starch, Natural Flavors), Xanthan Gum, Garlic, Natural Flavors, Annatto Extract.

## Handling Instructions:

For Baking/Convection Oven: For best result defrost in refrigerator for 1 to 2 days prior to use. Place defrosted pouch in water and bring to boil for 20 minutes or until temperature of 175 degrees is reached.

I hereby certify that the above information is calculated using the USDA Food Buying Guide, Publication Aid #1331 (as amended) and is true and correct. Each 6.0 oz. serving contains 1 Grain and 1/4 cup of Other vegetable to contribute to the USDA meal pattern requirements as specified in the food buying guide.

Rita Tabatchnick, President

04/19/21

Date

## NUTRITIONAL FACTS

SERV. SIZE	6 oz
SERV PER CONT	42.6
CAL	64
CAL F / FAT	8
TOTAL FAT (G)	1
SATUR FAT (G)	0
TRANS FAT (G)	0
CHOL (MG)	0
SODIUM (MG)	336
CARB (G)	14
TOTAL FIBER (G)	2
DIETARY SUG. (G)	1
PROTEIN (G)	2
VIT A	28%
VIT C	3%
CALCIUM	2%
IRON	3%