

TABATCHNICK



SINCE

1905

Meal Pattern Contribution

Product: Vegetarian Chili

Code Number: 90525

Manufacturer: Tabatchnick

Packaging: 96-6.0 oz cups

Allergens: Soy

Shelf Life: 3 years

Manufactured in the U.S.A

Meal Component

Meat/Meat Alternate 2M/MA,
Fruit/Vegetable: 1/4 cup Vegetables

Ingredients:

Water, Kidney Beans, Onions, Tomatoes (Diced Tomatoes, Tomato Juice), TVP Textured Vegetable Protein (Soy Flour, Caramel Color), Tomato Paste, Canola Oil, Chili Powder, Salt, Garlic, Basil, Xanthan Gum, Mirepoix (Vegetables [Carrot, Celery, Onion, Soybean Oil], Salt, Sugar, Maltodextrin, Modified Food Starch, Natural Flavor).

Heating Instructions: Place frozen Veg Chili cups on a perforated hotel pan into the Steamer at 212 Degrees F for about 24 minutes. After cooking the internal temperature of the product must be 165 degrees, if not allow additional heating time. Once cooking is done, allow product to rest for about 5 minutes before serving.

I hereby certify that the above information is calculated using the USDA Food Buying Guide, Publication Aid #1331 (as amended) and is true and correct. This product contains 2M/MA and 1/4 cup Vegetable to contribute to the USDA meal pattern requirements as specified in the food buying guide.

Rita Tabatchnick, President

____07/01/20____
Date

NUTRITIONAL FACTS

SERV. SIZE	6.0 oz
SERV PER CONT	1
CAL	160
CAL F / FAT	25
TOTAL FAT (G)	3
SATUR FAT (G)	0
TRANS FAT (G)	0
CHOL (MG)	0
SODIUM (MG)	370
CARB (G)	25
TOTAL FIBER (G)	7
DIETARY SUG. (G)	3
PROTEIN (G)	10
VIT A	10%
VIT C	8%
CALCIUM	6%
IRON	15%