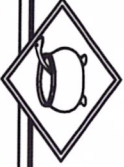


TABATCHNICK



SINCE 1905

Meal Pattern Contribution

Product: Whole Grain Mac & Cheese, 6.0 oz cups
Code Number: 90894
Manufacturer: Tabatchnick
Packaging: 96/6.0 oz cups (frozen)
Allergens: Egg, Milk, soy, Wheat
Shelf Life: 3 years

Requirements Met

Meat/Meat Alternative: 2
Grain: 1

Ingredients: • Water, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto), Whole Grain Macaroni Product (Whole Durum Wheat Flour, Semolina [wheat], Egg White, Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), Reduced Fat/Reduced Sodium Pasteurized Process American Cheese (Cheddar Cheese [Milk, Cheese Culture, Salt, Enzymes, Annatto Color], Water, Rennet Casein, Milkfat, Nonfat Dry Milk, Whey, Modified Food Starch, Sodium Phosphate, Potassium Phosphate, Lactic Acid, Sorbic Acid, Apocarotenal), Nonfat Dry Milk, Cheddar Cheese Flavor (Cheddar Cheese, {Pasteurized Milk, Cheese Culture, Salt, Enzymes}, Whey, Buttermilk Solids, Salt, Sodium Phosphate, Lactic Acid), Modified Food Starch, Sugar, Sodium Citrate, Disodium Phosphate, Yeast Extract with Sunflower Oil, Xanthan Gum, White Pepper, Annatto Extract, Sorbic Acid.

Handling Instructions- Steamer only:

Place frozen cups on a perforated hotel pan and into the Steamer at 212 Degrees F for about 24 minutes. After cooking the internal temperature of the product must be 135 degrees, if not allow additional heating time. Once cooking is done, allow product to rest for about 5 minutes before serving. Thawed cups should be steamed for up to 10 minutes or until temperature of 135 degrees is reached.

I hereby certify that the above information is calculated using the USDA Food Buying Guide, Publication Aid #1331 (as amended) and is true and correct. Each 6.0 oz serving contains 2 meat/meat alternative and 1 oz of Grain to contribute to the USDA meal pattern requirements as specified in the food buying guide.

Rita Tabatchnick

Rita Tabatchnick, President

07/01/20

 Date

NUTRITIONAL FACTS	
SERV. SIZE	6.0 oz
SERV PER CONT	1
CAL	340
CAL F / FAT	170
TOTAL FAT (G)	19
SATUR FAT (G)	10
TRANS FAT (G)	0
CHOL (MG)	55
SODIUM (MG)	820
CARB (G)	26
TOTAL FIBER (G)	2
DIETARY SUG. (G)	3
PROTEIN (G)	17
VIT D	2%
Potassium	4%
CALCIUM	30%
IRON	6%