

# TABATCHNICK

SINCE

1905



## SMeal Pattern Contribution

**Product:** Mixed Berry Fruit Cup  
**Code Number:** 99003  
**Manufacturer:** Tabatchnick  
**Packaging:** 96-4.0 oz cup (frozen)  
**Allergens:** no allergens  
**Shelf Life:** 3 years  
**Manufactured in the U.S.A**

## Meal Component

**Fruit/Vegetable:** 1/2 cup

## Ingredients:

This item is U.S. Grade A diced strawberries and IQF blueberries packed in an extra light syrup. This product is delivered frozen in cases containing 96/4.0 oz cups.

## Handling Instructions:

Mixed fruit cups are individually portioned and are ready to thaw and serve for breakfast, lunch or as a snack. Individually portioned fruit cups are a great option for breakfast in the classroom, field trips, or grab-and-go lunches.

I hereby certify that the above information is calculated using the USDA Food Buying Guide, Publication Aid #1331 (as amended) and is true and correct. Each 4.0 oz serving contains 1/2 cup fruit to contribute to the USDA meal pattern requirements as specified in the food buying guide.

Rita Tabatchnick President

01/01/20  
Date

## NUTRITIONAL FACTS

SERV. SIZE	4.0 oz.
SERV PER CONT	1
CAL	70
CAL F / FAT	0
TOTAL FAT (G)	0
SATUR FAT (G)	0
TRANS FAT (G)	0
CHOL (MG)	0
SODIUM (MG)	0
CARB (G)	18
TOTAL FIBER (G)	2
DIETARY SUG. (G)	14
PROTEIN (G)	0
VIT A	0%
VIT C	35%
CALCIUM	2%
IRON	2%