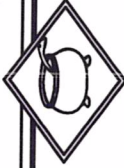


# TABATCHNICK

SINCE

1905



## Meal Pattern Contribution

**Product:** Vegetarian Chili  
**Code Number:** 99525  
**Manufacturer:** Tabatchnick  
**Packaging:** 60-6.0 oz bowls  
**Allergens:** Soy  
**Shelf Life:** 3 years  
**Manufactured in the U.S.A**

## Meal Component

**Meat/Meat Alternate** 2M/MA,  
**Fruit/Vegetable:** ¼ cup Vegetables

### **Ingredients:**

Water, Kidney Beans, Onions, Tomatoes (Diced Tomatoes, Tomato Juice), TVP Textured Vegetable Protein (Soy Flour, Caramel Color), Tomato Paste, Canola Oil, Chili Powder, Salt, Garlic, Basil, Xanthan Gum, Mirepoix (Vegetables [Carrot, Celery, Onion, Soybean Oil], Salt, Sugar, Maltodextrin, Modified Food Starch, Natural Flavor).

### **Heating Instructions:**

Place frozen container on sheet pan in pre-heated convection oven at 350 degree F for 30 minutes OR  
Defrost in refrigerator for 24 hours, then place containers in pre-heated oven at 350 degree F for 15 minutes.

I hereby certify that the above information is calculated using the USDA Food Buying Guide, Publication Aid #1331 (as amended) and is true and correct. This product contains 2M/MA and 1/4 cup Vegetable to contribute to the USDA meal pattern requirements as specified in the food buying guide.



Rita Tabatchnick, President

07/01/20 \_\_\_\_\_  
Date

## **NUTRITIONAL FACTS**

| SERV. SIZE       | 6.0 oz |
|------------------|--------|
| SERV PER CONT    | 1      |
| CAL              | 160    |
| CAL F / FAT      | 25     |
| TOTAL FAT (G)    | 3      |
| SATUR FAT (G)    | 0      |
| TRANS FAT (G)    | 0      |
| CHOL (MG)        | 0      |
| SODIUM (MG)      | 370    |
| CARB (G)         | 25     |
| TOTAL FIBER (G)  | 7      |
| DIETARY SUG. (G) | 3      |
| PROTEIN (G)      | 10     |
| VIT A            | 10%    |
| VIT C            | 8%     |
| CALCIUM          | 6%     |
| IRON             | 15%    |