

TABATCHNICK

SINCE  1905

Meal Pattern Contribution

Product: Whole Grain Mac & Cheese, 6.0 oz cups
Code Number: 90894
Manufacturer: Tabatchnick
Packaging: 96/6.0 oz cups (frozen)
Allergens: **Egg, Milk, soy, Wheat**
Shelf Life: 3 years

Requirements Met

Meat/Meat Alternative: 2
Grain: 1

Ingredients:

Water, Cheddar Cheese (Pasteurized Milk, Cheese culture, Salt, Enzymes), Whole Grain Macaroni Product (whole durum wheat flour, semolina [wheat], egg white, niacin, iron[ferrous sulfate], thiamine mononitrate, riboflavin, folic acid), Red. Fat Red. Sodium American Cheese-Cheese (Milk, Cheese Culture, Salt, Enzymes, Annatto), Water, Casein (Milk Protein), Skim Milk, Modified Food Starch, Milk Fat, Natural Flavor, Potassium Citrate, Salt, Sodium Citrate, Citric Acid, Sorbic Acid, Oleoresin Paprika, Vitamin A Palmitate, Lecithin (Soy), Cheddar Cheese Flavor- Cheddar (Milk, Cheese culture, Salt, Enzymes), Whey, Buttermilk Solids, Salt, Sodium Phosphate, Lactic Acid, Nonfat Dry Milk, Modified Food Starch, Sugar, Sodium Citrate, Disodium Phosphate, Yeast Extract with Sunflower Oil, Xanthan Gum, Cheese Flavor Concentrate (Cheese [Cheddar, Parmesan, Swiss (Milk, Culture, Salt, Enzymes), Water, Flavors, Whey, NFDM, Salt, Lecithin, Disodium Phosphate, Sodium Phosphate and Enzymes], Autolyzed Yeast Extract, Sugar, Spice, Disodium Inosinate/Disodium Guanylate, Disodium Phosphate, Annatto, Lactic Acid, Potassium Sorbate (for freshness), Soy Sauce (Water, Soybeans, Salt, Alcohol), White Pepper, Sorbic Acid, Annatto Extract.

Handling Instructions:

Place frozen cups in a perforated hotel pan into the Steamer at 212 Degrees F for about 24 minutes. After cooking the internal temperature of the product must be 165 degrees, if not allow additional heating time. Once cooking is done, allow product to rest for about 5 minutes before serving.

I hereby certify that the above information is calculated using the USDA Food Buying Guide, Publication Aid #1331 (as amended) and is true and correct. Each 6.0 oz serving contains 2 meat/meat alternative and 1 oz of Grain to contribute to the USDA meal pattern requirements as specified in the food buying guide.



Rita Tabatchnick, President

Date: 07/012020

NUTRITIONAL FACTS

SERV. SIZE	6.0 oz
SERV PER CONT	1
CAL	340
CAL F / FAT	170
TOTAL FAT (G)	19
SATUR FAT (G)	10
TRANS FAT (G)	0
CHOL (MG)	55
SODIUM (MG)	820
CARB (G)	26
TOTAL FIBER (G)	2
DIETARY SUG. (G)	3
PROTEIN (G)	17
VIT D	2%
Potassium	4%
CALCIUM	30%
IRON	6%